

Little Rock Family Practice Clinic

Allergy Department

A Member of Arkansas Family Care Network, P.A.

Allergy Injection Instructions

Allergy Injections are given Monday through Saturday during these hours:

Monday	8:00A.M.-11:30 A.M. and 1:00 P.M.- 5:00 P.M.
Tuesday	8:00A.M.-11:30 A.M. and 1:00 P.M.- 4:00 P.M.
Wednesday	8:00A.M.-11:30 A.M. and 1:00 P.M.- 4:00 P.M.
Thursday	8:00A.M.-11:30 A.M. and 1:30 P.M.- 4:00 P.M.
Friday	8:00A.M.-11:30 A.M. and 1:00 P.M.- 4:00 P.M.
Saturday	9:00A.M.-11:30 A.M.

No shots are given between 11:30 A.M. and 1:30 P.M. on Thursdays or between 11:30 A.M. and 1:00 P.M. on Monday, Tuesday, Wednesday or Friday or after 11:30 A.M. Saturday.

No appointment is needed. When you arrive, sign in on the shot register, ring the bell and stand by the shot room door and someone will be with you shortly.

Please come regularly for your shots. Shots are to be taken once a week. No more than 5-10 days should lapse between shots. More than 10 days between shots requires a dose adjustment.

Do not come for a shot under the following circumstances:

- When you are running a fever**
- When you expect to have some other injection on the same day**
- When you are wheezing, if asthmatic**
- When you are exhausted**
- When you are having acute, severe allergy symptoms**

If there is a question whether you should come, call first.

Avoid strenuous exercise for an hour before and after your injection.

It is necessary to wait 20 minutes after each build-up dose is given. When maintenance is reached, this is no longer necessary.

Report any redness and/or swelling at the injection site that lasts longer than 24 hours.